

Club excels at championships

TWO senior and four junior competitors from the Harlow Jikishin Ju Jitsu Club who took part in the Combined Jikishin Ju Jitsu Association National Course and Championships in Southend, Essex, won medals in their categories.

Attendance was high with over 450 competitors, both junior and senior, with categories for competition in groundfighting, sparring, random attacks as well as kata.

Will Murley (2nd Dan), an instructor at the Harlow Club, won gold in the under 75 kgs category, and Chris Richardson, green belt, won gold in the under 90 kgs category.

Sarah-Jayne Hunt won a silver medal in the junior female sparring,

and Georgia Jackson won a junior groundfighting medal.

Georgia was beaten by her training partner, Farah Martin, who trains at Ongar and at Harlow, Farah went on to receive the gold medal. Kylan Adams won bronze in the boys' sparring category, a great achievement in his third year in the competition.

Senior Club Instructor Earl Walker said: "I am absolutely delighted with the results this year; both Will and Chris have done all I could have asked of them.

"I am particularly pleased with the results from the Junior Club which is run by Will, with only five entries, four medals is a superb achievement, and shows that the high level of skills is being passed to a new generation of competitors."



From back, clockwise: Chris Richardson, Will Murley, Sarah-Jane Hunt, Farah Martin, Kylan Adams, Georgia Jackson

Picture: SUBMITTED